

**2015/16**

The Birmingham Young Volunteers Programme is open to any ASA club member aged 14 – 17 years on day of course.

The project will give you the skills, experience and qualification to help volunteer at your club. Volunteering is a really great way of giving something back to your club, but it also gives you valuable life skills in preparation for adulthood.

This year's courses will include:

- **Safeguarding (13+)** - This workshop provides young coaches, officials, volunteers and sports leaders with age-appropriate safeguarding information. It's the ideal environment for you to develop your confidence in how to identify what abuse of a child in sport may look like, how you should take action appropriate to your age and status, and how to keep yourself safe in sport.
- **Timekeeper Course** - This is an introduction into the world of the swimming official. It covers the practical aspects of what is required of a timekeeper by means of a short theory session followed by a practical assessment.
- **Aquatic Helper Course** – This course is designed for people who wish to actively assist on poolside in any aquatic environment e.g. clubs or learn to swim schemes.

You will also be invited to attend a Celebration Event at the end of the programme (May/June 2016 – date and venue TBC).

The dates and venues for the courses are as follows:

**Aquatic Helper Course**

**Venue:** Castle Vale Pool  
**Date:** 16<sup>th</sup> January 2016  
**Times:** 9am – 3pm

**Safeguarding Course**

**Venue:** Castle Vale Pool  
**Date:** 28<sup>th</sup> February 2016  
**Times:** 10am – 12noon

**Timekeeper Course (Theory)**

**Venue:** Castle Vale Pool  
**Date:** 23<sup>rd</sup> January 2016  
**Times:** 10am – 12 noon

**Timekeeper Course (Practical)**

**Venue:** Stetchford Cascades Pool  
**Date:** 30<sup>th</sup> January 2016  
**Times:** 2pm – 5pm

You are required to attend all three courses below and to complete at least 10 hours volunteering at your club.

You will need to provide details of a club mentor who will be able to sign off your volunteering.

To book your place on the programme please complete the application form and return to the address below by the closing date: **Friday 18<sup>th</sup> December 2015.**



**BIRMINGHAM  
YOUNG VOLUNTEERS PROGRAMME**



**2015/16  
Application form**

Name.....

Club .....

Address.....

.....

Postcode ..... Date of Birth .....

Email .....

Telephone.....

Do you have any special needs / disability?.....

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Signed..... Date .....

Parent's / Carer's signature confirming consent to attend the project

..... Emergency contact no.....

**Club mentor**

Name ..... Contact details.....

**Please return by Friday 18<sup>th</sup> December 2015 with a £20 cheque payable to 'ASA West Midland Region' to:**

ASA West Midland Region, Unit 7 Basepoint Business Centre, Isidore Road, Bromsgrove Enterprise Park,  
Bromsgrove, Worcs B60 3ET or email to [westmidland@swimming.org](mailto:westmidland@swimming.org)

**FIRST COME FIRST SERVED AND AS PLACES ARE LIMITED PRIORITY WILL BE GIVEN TO SWIM21 CLUBS**